



Experience our caring and warm environment, with challenging shiurim and outstanding ruach, tiyulim, and Shabbatonim.

Develop your learning skills and grow in your middot to guide you throughout your life of dedication to Torat Yisrael, Am Yisrael, Eretz Yisrael and Medinat Yisrael.

Welcome to Sha'alvim for Women





אין אדם לומד תורה אלא ממקום שלבו חפץ (מסכת ע"ו דף יש)

Our Mission

...become an independent
Torah learner and Torah
thinker. Grow in rigorous,
challenging shiurim, with
incredible and inspiring
teachers, in a caring
and warm environment.
Progress in your learning
skills, study habits, and
middot to shape your
character and guide you
throughout your life.







Torah Learning for Life

... everything we learn and everything we do is geared towards helping you acquire the Torah knowledge and learning skills that you will take with you well beyond your "year in Israel."











Make the Torah Yours

... make the Torah yours by creating your own shiurim and chaburot, write Torah Journal articles and more! The Torah and the growth stay with you by reaching higher in Torah - and digging deeper in yourself!



אין התורה נקנית אלא בחבורה מסכת ברכות דף סג)



Beit Midrash

... the Beit Midrash is at the center of our Torah learning.
To prepare you for a life of that kind of independent, self-driven Torah learning, you will learn in our beautiful and well-equipped Beit Midrash every morning, every night, and throughout the day!



Our Unique Environment

... the warm, caring SFW atmosphere permeates the classrooms, the dormitory, the dining room... everywhere! The kindness and sincerity of each member of our exceptional staff - along with the individual attention provided to each student - creates the ultimate environment for success in your personal growth and in your Torah study.



עשה לך רב וקנה לך חבר מסכת אבות פרק א)

דרך ארץ קדמה לתורה עא דבי אליהו, פרק א)





Eretz Yisrael

... appreciation of the Land and of the State of Israel - and our ability to live Jewish history not merely study it - is a crucial part of the SFW philosophy.

Amazing siyurim and tiyulim will help you experience the miracle - and the challenges - of Eretz Yisrael!











כל מצוה שקיבלו עליהם בשמחה...

עדיין עושין אותה בשמחה

(מסכת שבת דף קל)

Ruach and Chessed

... Torah learning accompanied by - and permeated with - simcha and ruach! Both the "head" and the neshama are moved (and challenged!) at SFW! תלמוד גדול שהתלמוד מביא לידי מעשה (מסכת קידושין דף מ)



Facilities and Services



... our comfortable physical accommodations and facilities contribute to your Torah learning, your spiritual growth and the connections that you make to the Land of Israel and the people here. Our campus is airy with a gorgeous view of the Yerushalayim skyline; our dormitory is new, clean, and spacious; we provide three nutritious and delicious meals every day, including for both "in-" and "off-shabbatot"; our dormitory never closes; over Sukkot and Pesach vacations we provide programs, special tiyulim, etc.

