MORE THAN JUST A YEAR

Shana Ba'Aretz is about more than what happens in one year in the Beit Midrash.

It's about the lifelong friendships you form, the teachers and mentors with whom you connect, and becoming part of a community rooted in Torah and Eretz Israel.

Your connection to Nishmat doesn't end when the year does.

Through ongoing mentorship, Shabbatonim, and learning opportunities, Nishmat remains a source of community and connection for years to come.

Want to hear more?

Contact Tamar at
office@nishmat.net or call +972-2-640-4333



https://nishmat.co.il/en/program/shana-baaretz/

NISHMAT

The Jeanie Schottenstein Center for Advanced Torah Study for Women
The Dr. Monique C. Katz Campus ● The Alisa Flatow Building ● Esther Kryss Beit Midrash

NISHMAT

THE JEANIE SCHOTTENSTEIN CENTER FOR ADVANCED TORAH STUDY FOR WOMEN
THE DR. MONIQUE C. KATZ CAMPUS
THE ALISA M. FLATOW BUILDING
THE ESTHER KRYSS BET MIDRASH



NISHMAT'S SHANA BA'ARETZ

Experience Torah learning in an authentic Israeli Beit Midrash

WHAT IS SHANA BA'ARETZ?

Nishmat's Shana Ba'Aretz is a **year-long program** for Torah-committed young women seeking serious Torah learning, growth in Yirat Shamayim and a meaningful Israeli experience.

Shana Ba'Aretz students are **fully integrated** into Nishmat's Israeli post-high school program, learning side by side in a vibrant Beit Midrash in the heart of Jerusalem.

LEARNING EXPERIENCE

Develop the skills to become an independent Torah learner.

At Nishmat, learning is active. Through chavruta study, interactive text-based learning, and engaging shiurim, students strengthen their ability to approach Jewish texts with confidence, curiosity, and independence.



Shana Ba'Aretz students benefit from:

- English-speaking support staff
- Daily learning alongside Israeli peers
- Tiyulim throughout the year
- Personal guidance from faculty
- Weekly classes in English

FACULTY & MENTORSHIP



Rabbanit Atara Eis
Dean of Nishmat

Atara Eis serves as Dean of Nishmat, guiding Yoatzot Halacha programs in Israel and worldwide and Nishmat's Advanced Learning programs. She served for over a decade as Director of Nishmat's Miriam Glaubach Center, which educates and certifies Yoatzot Halacha worldwide. Atara studied in Nishmat's Keren Ariel Program and was certified as Yoetzet Halacha and Fertility Counselor. She resides in Efrat with her husband and their six children.



Rav Da'vid Sperling
Rosh Beit Midrash

Rav Sperling is the Rosh Beit Midrash at Nishmat. Originally from Sydney, Australia, he studied at Yeshivat Machon Meir and for over a decade at Yeshivat Ateret Kohanim under Rabbi Shlomo Aviner. He received advanced rabbinic ordination from the Chief Rabbinate of Israel and from Rav Yehuda Henkin z"l. Rav Sperling has taught Halacha at Nishmat for many years and has published extensively on a wide range of halachic topics. He lives in Jerusalem with his family.