

EXPERIENCE ERETZ YISRAEL

Discover the beauty of Eretz Yisrael through unforgettable tiyulim and meaningful Shabbatonim. Hike through the stunning landscapes of Ein Gedi and the Golan, ride camels through the desert, go jeep riding in the Judean hills, cruise the Kinneret, and enjoy the thrill of a tornado boat ride on the Mediterranean Sea. Connect to the Tanach you learn in the classroom, explore the hidden treasures of Yerushalayim, and build lifelong friendships along the way.





A year to **DISCOVER** your strengths.

A place to **DEEPEN** your connection to Torah.

An opportunity to **DEVOTE** yourself to give, grow, and find your place in Am Yisrael.

Your journey begins at

MAAYANOT HATORAH
מעיינות התורה - מדרשת אביגיל

Apply at www.applytosem.org

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MAAYANOT HATORAH
מעיינות התורה - מדרשת אביגיל



Discover

YOUR UNIQUE STRENGTHS

Deepen

YOUR CONNECTION TO YOUR JUDAISM

Devote

YOUR TIME MEANINGFULLY, GIVING TO AM YISRAEL

INSPIRING TORAH CLASSES





At Maayanot Hatorah, Torah learning comes alive through our thought-provoking classes taught by an exceptional faculty of renowned educators. From topics including *The Joy of Being a Jew* with Rabbi YY Wenglin, *Meaning of the Mitzvot* with Mrs. Rivka Pesha Alter, *Fundamentals of Judaism* with Rabbi Dov Ber Cohen, *The Jewish Woman* with Mrs. Eli Horwitz and so much more, students have the opportunity to explore the depth and beauty of Torah, discover answers to questions they've always had, and deepen their connection to Judaism.

Meet our Leadership:



Mrs. Miriam Spitz, Director
With over 25 years of experience in women's Torah education and nearly a decade in educational administration, Mrs. Spitz has held leadership positions at Meorot Yerushalayim, Midreshet Rachel v'Chaya and jInternship. She is passionate about inspiring students to discover their unique strengths, deepen their connection to Torah, and give back to the community.



Mrs. Leah Lewin, Assistant Director
With nearly 30 years of experience in seminary education and a Master's degree in Music Therapy, Mrs. Lewin combines her background in education, psychology, and creative arts to help students develop greater self-awareness, build self-confidence and grow in their Judaism.



Rav Oded Karavani, Dean of Students
With nearly two decades of experience in Jewish education, Rav Oded has held leadership roles in multiple Jewish day schools in the US, shuls, and non-profit organizations in Israel. He brings warmth, energy and passion for inspiring students to deepen their connection to Torah, Am Israel and Eretz Israel.



A WEEK IN THE LIFE

Located in the beautiful Jerusalem neighborhood of **Ramot**, Maayanot Hatorah offers students a warm, close-knit environment in which to learn, grow, and build lasting friendships.

Morning Torah Learning
Begin each day with inspiring classes exploring Jewish thought and hashkafah, Torah texts, middot, and personal growth, guided by our dynamic faculty. Deepen your understanding of Judaism while gaining practical tools to bring the Torah into your everyday life.

Meaningful Chesed
Make a difference through meaningful afternoon chesed opportunities, partnering with Israeli organizations to give back to the community and put Torah values into action.

Weekly Tiyulim
Discover the beauty and history of Eretz Yisrael through exciting weekly trips that bring Tanach to life and deepen your connection to the land.

Inspiring Evenings
Continue growing beyond the classroom with twice-weekly night classes and twice-weekly special programming, including workshops, discussions, and activities that foster personal growth and friendship.

MAKE A DIFFERENCE AT MAAYANOT!

At Maayanot, growth extends beyond the classroom. Through meaningful chesed and volunteer opportunities on an almost daily basis, tailored to each student's unique interests and passions, students find their own ways to contribute to Am Yisrael. From bringing joy to children with special needs, supporting families facing illness, volunteering at animal therapy farms, helping Israeli farmers harvest their crops, and participating in archaeological sifting projects, our students experience firsthand the fulfillment and impact of making a difference.

Our Chesed Partners:

Just One Chesed
Shalva
Keren Or
Ezer Mizion
Farming & Agriculture
Hatzalah Without Borders
Lev Echad
Ir David
Osim Sameach
Efrat



